6. How can families and schools take this further - can you suggest any additional activities for children who have read Sunny Side Up?

Yes! Little Tiger and I have come up with some activities to go alongside the book. These include making a gratitude journal and a postivi-tree, which are both ways of filling our lives with the good stuff, so when challenges come along, we are charged to tackle them. These activities also help to remind us that even though bad things happen, there is plenty to smile about.

I actually made a real-life positivi-tree at an event recently. Each leaf had something on that made a child feel good. They each took a branch to continue with at home. Another thing I'd love to encourage children to try is making their own pair of sunny-side specs to see if they can turn some bad moods into good moods.

7. Have you enjoyed seeing the illustrations by Ana Sanfelippo? Any favourite moments?

The die-cut holes and flaps made this such special project to work on. I've never worked on a novelty book before. As if that wasn't enough, Ana's illustrations are so full of colour and joy - they complement the book perfectly, I think.

A special moment was when Perry at Little Tiger sent me a video of the mock up mechanisms - the flaps and die cut holes. Until this point, I'd had to use my own paper designs. It was great to see the ideas become a reality!

